



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	MEAT FREE MONDAY Bean Burger Bap Seasoned wedges	Sausage Casserole	ROAST DINNER Roast Chicken with all the trimmings and Yorkshire pudding	Meatballs in Tikka Curry Sauce served with rice	FISHY FRIDAY Fish fingers and chips With tomato sauce
Vegetarian Option	Vegetable Pasta Bake	Home-style Vegetable Soup with a cheese sandwich	Quorn Pieces in gravy with all the trimmings and Yorkshire pudding	Spicy Bean Enchilada served with rice	Cheese Whirl with chips and bakes beans
Vegetable Jacket Potato Choice	Sweetcorn Jacket Potato with a choice of beans or cheese	Carotts Cheesy Pasta	Mixed Vegetables Jacket Potato with a choice of beans, cheese or tuna	Broccoli Tomato and Basil Pasta	Garden Peas Jacket Potato with a choice of beans or cheese
Salad and Fruit Bar	Deli Counter and a selection of fruit Freshly Baked Bread	Deli Counter and a selection of fruit Freshly Baked Bread	Deli Counter and a selection of fruit Freshly Baked Bread	Deli Counter and a selection of fruit Freshly Baked Bread	Deli Counter and a selection of fruit Freshly Baked Bread
Dessert	Yoghurt and Fruit	Banana Loaf served with Custard	Jam Button Biscuit	Chocolate Cracknel	Frozen Yoghurt with melon