



Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Mains</b>	<b>MEAT FREE MONDAY</b> Vegetable Lasagna	Chicken Balti Curry served with rice and naan bread	Roast Gammon with all the trimmings and Yorkshire pudding	Home-style Cottage Pie	<b>FISHY FRIDAY</b> <i>Harry Ramsdens</i> Salmon and sweet potato fishcake and chips with tomato sauce
<b>Vegetarian Option</b>	Vegetarian Sausage Casserole	Vegetable Chow Mein	Quorn Cumberland Sausage with all the trimmings and Yorkshire pudding	Five Bean Chili Con Carne served with a taco shell, rice and Salsa sauce	Vegetable Frittata and chips with tomato sauce
<b>Vegetable Jacket Potato Choice</b>	<b>Green Beans</b> Jacket Potato with a choice of Beans or cheese	<b>Broccoli</b> Cheesy Pasta	<b>Mixed Vegetables</b> Jacket Potato with a choice of Beans, cheese or Tuna	<b>Sweetcorn</b> Tomato and Basil Pasta	<b>Garden Peas</b> Jacket Potato with a choice of Beans or cheese
<b>Salad and Fruit Bar</b>	Deli Counter and a selection of fruit Freshly Baked Bread	Deli Counter and a selection of fruit Freshly Baked Bread	Deli Counter and a selection of fruit Freshly Baked Bread	Deli Counter and a selection of fruit Freshly Baked Bread	Deli Counter and a selection of fruit Freshly Baked Bread
<b>Dessert</b>	Yoghurt and Fruit	Steamed Chocolate Sponge with Custard	Dusted Shortbread Finger	Bakewell Tart and Custard	Frozen Yoghurt with melon